



**Badger State Winter Games 2018**

*A qualifying event for the State Games of America (SGoA)  
and*

an approved competition in the 2017-2018 Adult Competition Series

**Hosted by Mosinee SilverBlades Figure Skating Club**

**Thursday, January 25, 2018 – Sunday, January 28, 2018**

<b>Commissioner:</b>	Melanie Bateman	(715) 581-2741	<a href="mailto:BSGFigureSkating@gmail.com">BSGFigureSkating@gmail.com</a>
<b>Co-Commissioner:</b>	Brad Ludwig	(715) 574-0117	<a href="mailto:ludwigs1997@yahoo.com">ludwigs1997@yahoo.com</a>
<b>Competition Chair</b>	William Bandell	(715) 370-1027	<a href="mailto:wbandell@charter.net">wbandell@charter.net</a>
<b>Referee:</b>	Lisa Landon		<b>Accountant:</b> Connie Achtenberg
	Colorado Springs, CO		Manchester, MI
<b>Dates:</b>	Thursday, Friday, Saturday, and Sunday		January 25 – January 28, 2017
<b>Site:</b>	Mosinee Recreation Center		<b>Rink Size – 84' x 200'</b>
	709 – 11 <sup>th</sup> Street; Mosinee, WI 54455		

**Times:****TENTATIVE COMPETITION TIMES:**

TBA Thursday  
 8:00am – 9:00pm Friday  
 8:00am – 9:00pm Saturday  
 8:00am – 5:30pm Sunday

**SKATER CHECK-IN:**

Check-in opens 1 hour prior to event starts  
 Thursday thru Sunday

**NOTE:** Competition and practice ice schedules may be adjusted at the rink to accommodate registrations. An updated schedule will be available approximately 1 week before the competition, but will NOT be mailed out to participants. Completed schedule will be posted online at [www.BadgerStateGames.org](http://www.BadgerStateGames.org).

**NOTE 2:** All efforts will be made to keep the competition running Friday – Sunday. However, Thursday may be utilized if registration numbers require it. Skaters should be prepared to begin competing Thursday morning.

The Badger State Games will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

All times are +/- 10 seconds unless otherwise specified.

**ELIGIBILITY/TEST LEVEL:**

This competition is open to all residents of Wisconsin, Illinois, and the Upper Peninsula of Michigan. Open to all skaters including United States Figure Skating (USFS) members, Ice Skating Institute (ISI) members, and skaters not affiliated with any club. This is a USFS sanctioned event, but membership in USFS is NOT required. Registered members of USFS and ISI must be in good standing.

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed first in their division at the prior year BSG must move up one level, except for novice and higher. Moving from a Restricted event level to the same Unrestricted event level is a move up, but moving from Unrestricted to Restricted is not a move up unless the Restricted level is a test level higher. Skaters holding memberships in both USFS and ISI must skate at highest level attained. For example, a USFS Preliminary / ISI Freestyle 6 skater must skate at the ISI level.

**\*\*NOTE\*\*** *If, for any reason, the local organizing committee discovers that a skater has been placed in a category that is below their level, the Commissioner and/or Chief Referee have the option to move the skater to the proper division, even if this has to be done the day of the competition. This is to ensure that every event is as fair as possible to the competitors.*

Except where specifically allowed, participants may not enter more than once in the same division.

Except where rules herein specifically differ, USFS rules, as set forth in the 2017-2018 Official Rulebook, will preside.

**Age restrictions/requirements:**

Solo events will be divided as closely as possible by age should the number of entries warrant more than one group. Adult events are for age **18** years and older **except Showcase events – see event descriptions for age limitations.** If

there is only one registration in the adult category, the Commissioner and/or Chief Referee may place you with the oldest category in the same event at their own discretion.

### **ENTRIES:**

Register online at [www.BadgerStateGames.org](http://www.BadgerStateGames.org) **no later than Sunday, December 31, 2017 at 11:59pm**. Registration via mail must be **received** no later than Friday, December 29, 2017. **NO LATE ENTRIES WILL BE ACCEPTED.**

### **Fees**

Entries may be limited at the discretion of Badger State Games. Entries will be prioritized in the order they are received. \$75 per skater for first solo event (\$90/paper); \$35 per skater for each additional solo event. \$55 per team plus \$15 per skater for any team events. \$10/\$15/\$20 per 20-minute session of solo practice ice and Duets. \$50 per 10-minute session for exclusive use of the ice at designated time. Exclusive ice sessions are limited to one exclusive session per team (Duets not included). If there is high demand for exclusive ice sessions, the Commissioner has the right to limit the total number of sessions. If this limit occurs, the Commissioner will assign the sessions based on a first purchased order and will notify the other teams of the removal of their exclusive session. A full refund of the practice ice fees will be given for any sessions cancelled by the Commissioner.

*\*NOTE\** There will be no paper registration for team events. Teams must appoint one person to complete the team registration online – **this includes showcase duets.**

Practice ice may be purchased at the time of registration and times (for solo athletes) may be selected on the web at [www.BadgerStateGames.org](http://www.BadgerStateGames.org) after the Schedule of Events has been posted on that website. The Commissioner will schedule the exclusive sessions after the competition schedule is prepared.

### **Event Cancellations:**

Any scheduled event may be cancelled if fewer than two skaters are entered. Due to ice limitations, the Chief Referee reserves the right to eliminate events with suitable notification to the entrants and the entry fee will be refunded.

### **REGISTRATION**

Registration will begin on Saturday, October 1, 2017 at 12pm CST and end at 11:59pm CST on Sunday, December 31, 2017. **NO LATE ENTRIES WILL BE ACCEPTED.** Registration check-in will be open no less than 1 hour before the first event and run through the last event of the day. The registration table will be located in the lobby of the rink. Please check in promptly upon arrival.

Registration will be available online at [www.BadgerStateGames.org](http://www.BadgerStateGames.org) and clicking the “register” link to go to EntryEeze. Rules and entry forms for individual events will be mailed upon request, or go to [www.BadgerStateGames.org](http://www.BadgerStateGames.org) to obtain the necessary information.

### **PRACTICE ICE**

Skaters will be able to pick their own practice ice sessions online, but you **MUST** purchase the number of sessions desired when you register online. You will be able to access your practice ice records and select your sessions approximately 1 week prior to the competition by logging in to your account at Entryeze through [www.BadgerStateGames.org](http://www.BadgerStateGames.org). Practice ice will be \$10 if you pre-purchase with your registration. Limit of 2 pre-purchased practice ice sessions. Once the schedule is up and those that pre-purchased ice have selected their sessions, any remaining sessions can be purchased online for \$15 per session. If there are any spots still available at the rink after competition starts, you may purchase those for \$20 per session. *\*NOTE\** If fewer than 5 skaters are in an outlier (very early or very late) practice ice session and there are openings in a different time slot (on the same morning/evening), the Commissioner reserves the right to cancel the outlier session and move the skaters into other time slots. You will be notified of the change via e-mail to the skater’s e-mail and to the primary coach on file. No refunds will be offered if you miss your session. No props or music are allowed on practice ice sessions except for exclusive sessions. Practice ice will be available at the Mosinee Rec Center in the early mornings and late evenings

starting Wednesday evening, depending on the competition schedule. If the competition starts on Friday, the first practice ice sessions will start Thursday evening. **PRACTICE ICE SESSIONS ARE NOT REFUNDABLE AFTER REGISTRATION CLOSURES.** We are a single sheet facility, so please be aware that practice ice sessions will be early morning before the competition starts and in the evening after competition has completed each day. Synchro teams that purchase exclusive ice will have their sessions Saturday late afternoon immediately before the synchronized skating team competition. Entertainment teams that purchase exclusive ice will have their sessions very early Sunday morning.

## **REFUND POLICY**

Full refunds, including practice ice (minus a \$10 cancellation processing fee) are available if withdrawal is prior to 11:59pm CST on January 1, 2018. After this date, entry refunds are only available if the event is not held due to lack of entries at the discretion of the Chief Referee and/or Commissioner. No refunds will be given because an entrant or team fails to participate. Best efforts will be made to hold the competition as described, however, if the competition is cancelled, no refunds will be issued. **There will be NO medical refunds given after January 1, 2018.** Pre-paid practice ice is not transferable. Payments made by credit card will be refunded to the credit card. Payments made by check will be refunded by check after the competition. The online convenience fee and the paper entry administrative fee are non-refundable for any reason. A \$10 cancellation processing fee applies to all refunds.

## **NSF/Contested Credit Card Policy**

Persons using checks without sufficient funds will be charged an additional \$30 fee per check. All further payments must be made by cash, money order, or credit card. Skaters will not be allowed to practice or compete until all such debts are satisfied. Any contested credit card charge will incur a \$30 fee and will be handled as a non-payment and the skater will not be allowed to practice or compete until all such debts are paid in full via cash or money order.

## **FACILITIES**

The competition will be held at the Mosinee Recreation Center located at 709 – 11<sup>th</sup> Street; Mosinee, WI 54455. Rink size is 84' x 200'. There will be three locker rooms available for females and one for males. Full service concessions (including full meals) will be available beginning approximately 30 minutes prior to the event start each day until after the last event of each day. Rink temperature is cool. Dress warmly.

If, at any time, a competitor has any doubt concerning the safety of his/her performance due to ice conditions or debris on the ice from a prior competitor, the Chief Referee should be consulted prior to skating. No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.

## **LIABILITY:**

U.S. Figure Skating, Mosinee SilverBlades Figure Skating Club, Badger State Games and Mosinee Recreation Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **JUDGING SYSTEM:**

The 6.0 Ordinal Judging System will be used for all events. Judging will be by USFS judges for all events.

## **PHOTOGRAPHY/VIDEOGRAPHY:**

A professional photographer will take group and individual award pictures immediately after the awards are presented. **Personal photography will not be allowed in the award presentation area.** Professional videography will be available through advance reservation. See the booth in the rink for more information.

~~~~~ BACK THIS YEAR! READ BELOW CLOSELY! ~~~~~

## DIGITAL MUSIC:

Competitors must provide music for all events, as appropriate.

**Competition music for all events that require music must be submitted electronically via the online registration system by the music deadline of January 6, 2018 at 11:59 pm. Submission of music after the deadline will result in a late submission penalty of \$25 that must be paid prior to competition. If music remains missing after January 10, 2018, the Commissioner reserves the right to cancel the skater from that event with no refund or increase the late submission penalty to \$50 that must be paid prior to competition.**

After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can log out of your account and return later to upload your music by going to the "competition" tab and then selecting "my music".

If your coach has a "multi-competition" global account through Entryeeze, your coach can now manage and upload the music for their skaters. If you are unable to upload your own music, please consult with your coach *prior* to contacting BSG volunteers or staff.

Your music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

### Music Criteria:

- 1) File Format: MP3 (the online system will automatically check this)
- 2) Bit Rate: 192 kbps or higher (this will be checked by the music chairperson and they may request you upload a corrected file)
- 3) Sample Rate: 44,100 kHz (this will be checked by the music chairperson and they may request you upload a corrected file)
- 4) Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties. These backup CDs will *not* be collected at registration, but should be rink side during competition events. Only CDs (standard CD-R format only) will be accepted. CD-RWs will NOT be accepted due to compatibility issues. CDs must be clearly marked with the competitor's name, event, and running time. CDs must only have one piece of music per CD. If your backup CD is used during competition, you may retrieve your CD at the registration desk following each event. Every reasonable care will be taken, but the hosting club cannot be responsible for music left at the end of the competition. CDs remaining on-site after the conclusion of the competition will be discarded. Music downloaded for the competition will be deleted after the event is complete.

**AWARDS:**

Medals will be presented to the top three places in each event.

Placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in any event will qualify the skater for State Games of America being held in Grand Rapids, MI, August 3-6, 2017.

Placing 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> in any Showcase event at preliminary level or higher will qualify the skater for National Showcase being held in California in August 2017.

**RETURNING! Team Trophy Championship.**

Any club that registers at least one SOLO event skater will automatically be entered in the Team Trophy Championship at no extra cost. There will be awards for the top three clubs that accumulated the most points throughout the competition. Points will only be scored for solo events. Scoring – 1<sup>st</sup> place = 3 points; 2<sup>nd</sup> place = 2 points; 3<sup>rd</sup> place = 1 point. Tiebreaker will be handled as follows – 1) Club with the most 1<sup>st</sup> place finishes; and 2) Club with the most 1<sup>st</sup> and 2<sup>nd</sup> place finishes. No points will be awarded to a skater that does not affiliate themselves with a club when registering for their events. No skater will be added to a club after registration closes. Team trophies will be awarded to top three teams approximately 1 hour after the last solo event is skated for the competition. This will be in the late afternoon on Sunday! Be prepared for this.

**OFFICIAL NOTICES:**

An official bulletin board will be maintained rink side. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**CONTACT INFO:**

If you have questions, please contact Melanie at [BSGFigureSkating@gmail.com](mailto:BSGFigureSkating@gmail.com) or call/text to 715-581-2741. All efforts will be made to get you a response as quickly as possible. However, please keep in mind that the BSG figure skating event is run and staffed 100% by volunteers that also hold full time jobs. Please be patient when waiting for a response. (Please note that responses will be received via email much faster than voicemail.)

## INFORMATION REGARDING COACHES:

COACHES: The local organizing committee will attempt to verify all compliance requirements prior to the competition and will notify you via e-mail if we are unable to do so. Please monitor your e-mail carefully after registration closes to allow yourself adequate time to resolve any credentialing issues prior to competition.

### U.S. Figure Skating Rule MR 5.11 Coach Compliance

All coaches must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. If 18 years of age or older, must submit the proper payment of \$30 through the U.S. Figure Skating Members Only site and submit information for and successfully pass an annual background screen.
- C. Must complete the CER SafeSport training course and any additional courses as required in rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

### Professional Group Instructor Compliance:

- A. Must be registered as a Learn to Skate USA instructor member and complete the annual online certification course.
- B. If 18 years of age or older, must have successfully passed the annual background screen.

For deadline and penalties, see rules MR 5.13 and MR 5.14.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

**Any coach found falsifying documents or attempting to utilize someone else's credentials to gain access to coach areas will be removed from the competition for the remainder of the competition *and* will be banned from the Badger State Games for the following year. A subsequent second offense will result in permanent removal from Badger State Games.**

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>



**ISI PROGRAM MEMBERS**

If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

| If you have passed ISI level -           | Enter the USFS level -                                                            |
|------------------------------------------|-----------------------------------------------------------------------------------|
| Tot or Pre-Alpha (age 7 and older) Alpha | Basic 1                                                                           |
| Advanced Pre-Alpha                       | Basic 2                                                                           |
| Advanced Pre-Alpha                       | Basic 3                                                                           |
| Alpha/Gamma                              | Basic 4                                                                           |
| Beta                                     | Basic 5                                                                           |
| Gamma                                    | Basic 6                                                                           |
| Delta – Freestyle 1                      | Pre-Free Skate – Free Skate 6 (choose correct level based upon elements required) |
| Freestyle 2 or 3 / Open Bronze           | Pre-Preliminary                                                                   |
| Freestyle 4 / Open Silver                | Preliminary                                                                       |
| Freestyle 5 / Open Silver                | Pre-Juvenile                                                                      |
| Freestyle 6 / Open Gold                  | Juvenile or Intermediate                                                          |
| Freestyle 7 / Open Platinum              | Novice                                                                            |
| Freestyle 8 / Open Platinum              | Junior or Senior                                                                  |
| Freestyle 9 / Open Platinum              | Senior                                                                            |
| Freestyle 10 / Open Platinum             | Senior                                                                            |
| Freestyle 2 / Open Bronze                | Adult Pre-Bronze                                                                  |
| Freestyle 3 / Open Bronze                | Adult Bronze                                                                      |
| Freestyle 4 / Open Silver                | Adult Silver                                                                      |
| Freestyle 5 / Open Gold                  | Adult Gold                                                                        |
| Dance 3                                  | Preliminary Dance                                                                 |
| Dance 4                                  | Pre-Bronze Dance                                                                  |
| Dance 5                                  | Bronze Dance                                                                      |
| Dance 6                                  | Pre-Silver Dance                                                                  |
| Dance 7                                  | Silver Dance                                                                      |
| Dance 9                                  | Pre-Gold Dance                                                                    |



## SHOWCASE RULES

- NATIONAL SHOWCASE - Singles competitors, preliminary through senior level, may qualify to compete at National Showcase if they placed first, second, third, or fourth at Badger State Games. Lower levels are not eligible to compete in National Showcase.
  - Skaters may compete in only one duet, one mini production ensemble and one production ensemble each.
- JUDGING
  - Performances will be judged from an entertainment standpoint, for theatrical and artistic qualities.
  - Technical skating skills and difficulty will *not* be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements.
  - Unintended falls, poorly executed skating elements and obvious losses of control will negatively affect the competitor's or team's marks.
  - Jump difficulty is not rewarded in showcase; therefore, jumps, if choreographed, should be performed with style, flow, and confidence.
  - Theatrical elements evaluated will include are, but not limited to:
    - Reflection of the musicality as it pertains to the concept of the program,
    - Projection, energy, acting, timing
    - Skating skills that relate to the music
    - Age appropriateness to skater
    - Use of props and scenery
    - Interaction (duets and ensembles only)
    - \*NOTE\* Prolonged pauses to express lyrics are discouraged
  - The 6.0 judging system will be used. One mark will be awarded by each judge for each performance. No technical skating mark will be awarded.
  - Deductions will apply for negligence relating to costumes, props, or program times.
  - There is no minimum time requirement for any event program. Timing starts with the first purposeful motion of the body and ends when motion stops.
  - Events will not be segregated by gender.
- COSTUMES – Costuming and make-up for showcase programs should enhance the feeling created by the performance, and reflect the meaning of the story or theme
  - Ornaments and hair accessories must be secure
  - No bobby pins, feathers, hair accessories, or anything else that may fall to the ice are allowed. A 0.1 deduction will be taken.
- PROPS
  - For solo showcase events, props are permitted as long as the solo skater can carry on or push onto the ice by themselves in one trip. Setup should not take more than 1 minute.
  - For team showcase events, props, if used, are limited to those the skaters can hand-carry or push onto the ice themselves in one trip. Skaters may not be assisted during the set-up time. Setup should not take more than 1 minute. Skaters may not be given off-ice assistance during setup or performance.
  - No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.
  - Scenery/props may not exceed 7'6" in height
  - No propulsion devices will be permitted. This includes items such as cannons and trampolines or any other device which could be used to assist skaters with jumping into the air, are NOT permitted. A 0.2 deduction will be taken.
  - No projectiles
  - No mirrors or glass of any kind

# SOLO EVENTS

*This event is a standard U.S. Figure Skating Nonqualifying Competition*



## **BASIC PROGRAMS**

- Skaters entering this program may not enter the Test Track or Well Balanced Free Skate events
- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Elements from previous levels ok.
- Program to be skated on full ice with music (vocals ok).
- If the description of a required move states the direction of the element or the placement of the free leg, then options are NOT allowed.
- A .2 deduction will be taken for each element performed from a higher level.

| Level                             | Time      | Skating rules/standards                                                                                                                                                                                                                                                                                                                                                              |
|-----------------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Basic 1                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>                                                                                                                                           |
| Basic 2                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>                                                                                     |
| Basic 3                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>               |
| Basic 4                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>                     |
| Basic 5                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>                                                                |
| Basic 6                           | 1:10 max. | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>                                                                       |
| Pre-Free Skate                    | 1:40 max  | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul> |
| Free Skate 1                      | 1:40 max  | <ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>                                                                                                                                             |
| Free Skate 2                      | 1:40 max. | <ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>                                                                                                                                                  |
| This row intentionally left blank |           |                                                                                                                                                                                                                                                                                                                                                                                      |

|              |           |                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Free Skate 3 | 1:40 max  | <ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>                                                                            |
| Free Skate 4 | 1:40 max. | <ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half Loop jump</li> <li>• Flip jump</li> </ul>                                                                                                                                                                       |
| Free Skate 5 | 1:40 max. | <ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>                                                                                                                              |
| Free Skate 6 | 1:40 max. | <ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>                                                                                                                                                |
| Adult 1      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>                                                                                                                                                                        |
| Adult 2      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>                                                                                                                                             |
| Adult 3      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Forward chases on a circle, clockwise and counterclockwise</li> <li>• Backward snowplow stop, Right and Left</li> </ul> |
| Adult 4      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Backward one-foot glides, right and left</li> <li>• Hockey stop, both directions</li> </ul>                                                       |
| Adult 5      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, right and left</li> <li>• Backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin</li> </ul>                                                       |
| Adult 6      | 1:40 MAX  | <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>                                                            |

## **BASIC ELEMENTS**

- Basic 1-3: Each skater will perform each element **when directed by a judge or the referee**. Each move will be demonstrated by an older skater.
- Basic 4-6: Each skater will perform each element **with no referee direction**. Skater can perform each move with or without connecting moves. All elements must be skated in the order listed.
- Each element will be skated on ½ ice with no music.

| Level   | Time      | Skating rules/standards                                                                                                                                                                                                                                                                                                                                                |
|---------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Basic 1 | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>                                                                                                                             |
| Basic 2 | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>                                                                       |
| Basic 3 | 1:00 max. | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul> |
| Basic 4 | 1:00 max. | <ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>       |
| Basic 5 | 1:00 max. | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>                                                  |
| Basic 6 | 1:00 max. | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>                                                         |

## **COMPULSORIES**

- Skaters will perform specific maneuvers as indicated in the requirements below. Moves may be done in any order, but each listed move must be attempted, but attempted only once. Deductions WILL be made for added, repeated, or omitted elements. Connecting footwork and choreography are encouraged, but excessive footwork and added elements will be penalized. A 0.2 deduction will be taken for each element performed from a higher level.
- Compulsories are skated in a routine without music on half of the ice surface except for Intermediate and higher (and Adult Gold) which will skate on a full sheet.
- Programs may be shorter than time shown, but may not exceed it. \*NOTE\* Timing for program will start with any kind of movement of the body.
- No music.

| Level          | Time      | Skating rules/standards                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|----------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pre-Free Skate | 1:15 max  | <ul style="list-style-type: none"> <li>• Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul> |
| Free Skate 1   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Backward outside three-turns, right and left</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>                                                                                                                                                                               |
| Free Skate 2   | 1:15 max. | <ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Backward inside three-turns, right and left</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>                                                                                                                                                                                |
| Free Skate 3   | 1:15 max. | <ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, clockwise and counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>                                                                                                         |
| Free Skate 4   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>                                                                                                                                                                                                                                                                 |
| Free Skate 5   | 1:15 max. | <ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>                                                                                                                                                                                                                   |
| Free Skate 6   | 1:15 max. | <ul style="list-style-type: none"> <li>• Forward power pulls, right and left</li> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Axel jump</li> </ul>                                                                                                                                                                                           |
| Beginner       | 1:15 max. | <ul style="list-style-type: none"> <li>• Waltz jump</li> <li>• ½ jump of choice</li> <li>• Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li> <li>• Forward or backward spiral</li> </ul>                                                                                                                                                                                                                                    |

|                      |           |                                                                                                                                                                                                                                                                                                                                                                                  |
|----------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| High Beginner        | 1:15 max. | <ul style="list-style-type: none"> <li>• Toe loop jump</li> <li>• Salchow jump</li> <li>• Forward scratch spin - minimum three revolutions</li> <li>• Forward or backward spiral</li> </ul>                                                                                                                                                                                      |
| No-Test              | 1:15 max. | <ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit or camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>                              |
| Pre-Preliminary      | 1:15 max. | <ol style="list-style-type: none"> <li>1. Toe Loop jump</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>                                                                                                   |
| Preliminary          | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>                                                                                                                                                      |
| Pre – Juvenile       | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>                                                                                                                       |
| Juvenile & Open Juv. | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>                                                                                                                                            |
| Intermediate         | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>                                                                                                                                  |
| Novice               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>                                                                                                                                                       |
| Junior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>                                                                                                                                                    |
| Senior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>                                                                                                                                                    |
| Adult 1              | 1:30 MAX  | <ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>                                                                                                                                                                         |
| Adult 2              | 1:30 MAX  | <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>                                                                                                                                              |
| Adult 3              | 1:30 MAX  | <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Backward snowplow stop, Right and Left</li> </ul> |



|                     |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|---------------------|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Adult 4             | 1:30 MAX | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Hockey stop, both directions</li> <li>• Backward one-foot glides, right and left</li> </ul>                                                                                                                                                                                                        |
| Adult 5             | 1:30 MAX | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, right and left</li> <li>• Backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin (min 2 revs)</li> </ul>                                                                                                                                                                                           |
| Adult 6             | 1:30 MAX | <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>                                                                                                                                                                                                             |
| Adult Beginner      | 1:30 MAX | <ul style="list-style-type: none"> <li>• Bunny hop or mazurka</li> <li>• Forward beginning one-foot spin from backward crossovers (min 2 revs)</li> <li>• Forward moving inside open Mohawk (right and left) – heel to instep</li> <li>• Alternating right and left forward outside edges across the width of the ice</li> <li>• Alternating right and left forward inside edges across the width of the ice</li> <li>• Backward moving outside 3-turn right and left</li> </ul>                                                 |
| Adult High Beginner | 1:30 MAX | <ul style="list-style-type: none"> <li>• Waltz Jump</li> <li>• ½ Flip</li> <li>• Alternating right and left backward outside edges across the width of the ice</li> <li>• Alternating right and left backward inside edges across the width of the ice</li> <li>• Backward moving inside 3-turn right and left</li> </ul>                                                                                                                                                                                                        |
| Adult Pre-Bronze    | 1:30 MAX | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in a combination and 3 jumps in a sequence</li> <li>• Forward upright spin (Min. 3 revolutions)</li> <li>• Forward spiral (any edge)</li> </ul> |
| Adult Bronze        | 1:30 MAX | <ul style="list-style-type: none"> <li>• Single Salchow</li> <li>• Waltz jump – toe loop combination jump</li> <li>• Backward Upright Spin – entry optional (Min. 3 revolutions)</li> <li>• Spiral sequence (Min. 2 spirals)</li> </ul>                                                                                                                                                                                                                                                                                          |
| Adult Silver        | 1:30 MAX | <ul style="list-style-type: none"> <li>• Single loop</li> <li>• Single/single jump combination</li> <li>• Sit spin (Min. 3 revolutions)</li> <li>• Straight line step sequence</li> </ul>                                                                                                                                                                                                                                                                                                                                        |
| Adult Gold          | 1:30 MAX | <ul style="list-style-type: none"> <li>• Single Lutz or Axel</li> <li>• Single/single or single/double jump combination</li> <li>• Camel spin (Min. 4 revolutions)</li> <li>• Straight line step sequence</li> </ul>                                                                                                                                                                                                                                                                                                             |

## **FREE SKATE SHORT PROGRAM**

- Skaters who placed first in their Short Program in the prior year Badger State Games must move up one level from the level in which they placed first. This does not apply to the senior level or to skaters who skated without a competitor (i.e. skated against the book).
- Skaters will perform specific maneuvers to music of their own choice.
- Skaters must enter at the same or higher level than their solo Free Skate event (unless the skater is up one level in free skate due to placing first in that event in the prior year), or if a free skate event is not skated, skater must enter at the same or higher level than they would have been required to skate had they entered a solo event. Skaters having passed the complete USFS Pre-Preliminary test and/or ISI Free Skate 3 MUST skate at their USFS or ISI test level or higher.
- Skaters may not repeat jumps or spins, or include any additional jumps or spins. Deductions will be made for added, missed, or incorrect elements.
- Connecting footwork and choreography are encouraged.
- Short programs for Intermediate through Senior will be judged as free skate programs – 6.0 judging short program deductions will no longer apply

| <b>LEVEL</b>                                     | <b>REQUIREMENT</b>                                                                                                                                                                                                                                                                                              | <b>PROGRAM TIME DURATION</b> |
|--------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Beginner<br>(ISI 2)                              | <ul style="list-style-type: none"> <li>• Waltz Jump Toe-Loop Combination</li> <li>• Salchow Jump</li> <li>• One-Foot Spin</li> <li>• Forward Spiral</li> </ul>                                                                                                                                                  | 1:00                         |
| Pre-Preliminary<br>(ISI 3)<br>(Adult Pre-Bronze) | <ul style="list-style-type: none"> <li>• Flip Jump</li> <li>• Combination – Waltz jump with any single jump (note 1)</li> <li>• Upright change foot spin</li> <li>• Forward or backward spiral</li> </ul>                                                                                                       | 1:00                         |
| Preliminary<br>(ISI 4)<br>(Adult Bronze)         | <ul style="list-style-type: none"> <li>• Lutz Jump</li> <li>• Combination–Loop jump plus any single jump except Lutz or Axel (note 1)</li> <li>• Sit or Camel spin</li> <li>• Balance move sequence (note 2)</li> </ul>                                                                                         | 1:15                         |
| Pre-Juvenile<br>(ISI 5)<br>(Adult Silver)        | <ul style="list-style-type: none"> <li>• Axel</li> <li>• Combination – Loop jump plus any single jump except Axel (note 1)</li> <li>• Spin with change of position</li> <li>• Balance move sequence (note 2)</li> </ul>                                                                                         | 1:15                         |
| Juvenile<br>(ISI 6)<br>(Adult Gold)              | <ul style="list-style-type: none"> <li>• Double Salchow or Double Toe-Loop</li> <li>• Combination of two single jumps (axel permitted)</li> <li>• Spin with change of position &amp; change of foot, may not be commenced with a jump</li> <li>• Circular, straight line or serpentine step sequence</li> </ul> | 1:30                         |
| Intermediate<br>(ISI 7)                          | As set forth in the USFS competition standards 4230                                                                                                                                                                                                                                                             | 2:10 MAX                     |
| Novice<br>(ISI 8)                                | As set forth in the USFS competition standards 4220                                                                                                                                                                                                                                                             | 2:30 MAX                     |
| Junior<br>(ISI 9)                                | As set forth in the USFS competition standards 4210                                                                                                                                                                                                                                                             | 2:40                         |
| Senior<br>(ISI 10)                               | As set forth in the USFS competition standards 4200                                                                                                                                                                                                                                                             | 2:40                         |

**NOTE 1** – The second jump of a jump combination must be made from the landing edge of the first jump. No turn or change of foot between jumps is permitted.

**NOTE 2** – Balance move sequence must include a forward and backward spiral. Additional spirals and balance moves such as spread eagles, Ina Bauers, Shoot the Ducks, etc. may be included. Skater has the choice of a straight line, circular, or serpentine pattern.

**FREE SKATE – ADULT**

- Skaters will skate to the music of their choice and vocal music is allowed. To be skated on full ice.
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

| Level                               | Jumps                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Spins                                                                                                                                                                                                                                                                                                                                           | Step Sequences                                                                                                                                                                                                                                                                                                          | Qualifications                                                                                               |
|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Adult Beginner<br>1:40 Maximum      | Max. 4 jump elements <ul style="list-style-type: none"> <li>• Jumps limited to bunny hop, mazurka, or ballet</li> <li>• Max 1 combination or sequence consisting of only the allowed listed jumps</li> <li>• Max. 2 of any same jump</li> </ul>                                                                                                                                                                                                                                   | Max. 2 spins <ul style="list-style-type: none"> <li>• Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>                                                                                                                                                                                             | Connecting moves and steps should be demonstrated throughout the program                                                                                                                                                                                                                                                | Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1 Badge Test |
| Adult High Beginner<br>1:40 Maximum | Max 4 jump elements: <ul style="list-style-type: none"> <li>• Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ flip</li> <li>• Max 1 combination or sequence consisting of only the allowed listed jumps</li> <li>• Max. 2 of any same type jump.</li> </ul>                                                                                                                                                                                                    | Max 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>                                                                                                                                                                                               | Connecting moves and steps should be demonstrated throughout the program                                                                                                                                                                                                                                                | Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1 Badge Test |
| ADULT PRE BRONZE<br>1:40 maximum    | Max 4 Jump Elements <ul style="list-style-type: none"> <li>• Max 2 combinations or sequences</li> <li>• 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps.</li> <li>• Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• Only single and half-revolution jumps are permitted</li> <li>• No single Lutz, single Axel or double or triple jumps are permitted</li> </ul> | Max 2 Spins <ul style="list-style-type: none"> <li>• Min 3 revs</li> <li>• Spins with a flying entry are not permitted</li> </ul>                                                                                                                                                                                                               | Max 1 Sequence <ul style="list-style-type: none"> <li>• Connecting steps throughout the program are required</li> </ul>                                                                                                                                                                                                 |                                                                                                              |
| ADULT BRONZE<br>1:50 maximum        | Max 4 Jump Elements <ul style="list-style-type: none"> <li>• Max 2 combinations or sequences;</li> <li>• 1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps are permitted (except single Axel)</li> <li>• No single Axel, double or triple jumps are permitted</li> </ul>                    | Max 2 Spins <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> <li>• No flying spins are permitted</li> </ul> | Max 1 Sequence <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u></li> <li>• Add'l moves in the field, spiral &amp; step sequences will be counted as transitions and marked as such.</li> </ul> |                                                                                                              |

|                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                       |  |
|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <p>ADULT SILVER<br/>2:10 maximum</p> | <p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> <li>• Max 2 combinations or sequences</li> <li>• 1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>• Additional jump sequences which contain non-listed jumps of not more than 1 revolution performed as part of connecting footwork preceding single jumps are permitted</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps, including single Axel, are permitted</li> <li>• No double or triple jumps are permitted</li> </ul>                                                                                                                                                                                                                              | <p>Max 2 Spins</p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul> | <p>Max 1 Sequence</p> <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u></li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul> |  |
| <p>ADULT GOLD<br/>2:40 maximum</p>   | <p>Max 5 Jump Elements</p> <ul style="list-style-type: none"> <li>• Max 3 combinations or sequences</li> <li>• 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps</li> <li>• Each jump combination or sequence may include only 1 double jump</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence                         <ul style="list-style-type: none"> <li>• If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>• All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow.</li> <li>• Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul> | <p>Max 3 Spins</p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 4 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul> | <p>Max 1 Step Sequence</p> <ul style="list-style-type: none"> <li>• 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)</li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>                 |  |

**FREE SKATE – TEST TRACK** (Restricted)

- Skaters may enter either the Test Track (Restricted) Solo Free Skate or the Well-Balanced (Unrestricted) Solo Free Skate event, but not both.
- Skaters who placed first in their solo event in the prior year Badger State Games must move up one level from the level in which they placed first. This does not apply to the senior level or to skaters who skated without a competitor (i.e. skated against the book). Skating at the same level in the Well Balanced (Unrestricted) Division that was skated in the Test Track (Restricted) Division is considered a move up.
- Competitors will skate to music of their choice.
- Deductions WILL be made for skaters including elements not permitted in the event description. Connecting moves and steps should be demonstrated throughout the program at all levels. Jump rotation counts will be as set forth in the current USFS Rule Book List of Jumps.

| Level                             | Jumps                                                                                                                                                                                                                                                                                                                                                     | Spins                                                                                                                                                                                              | Step Sequences                                                           | Qualifications                                                                                          |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Beginner<br>1:40 maximum          | <p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>                                                                                                                   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>                                   | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| High Beginner<br>1:40 maximum     | <p><i>Max. 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>             | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>                             | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| Pre-Preliminary<br>1:40 maximum   | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul> | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test       |
| This row intentionally left blank |                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                    |                                                                          |                                                                                                         |

|                                          |                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                |                                                                                 |                                                                                                                                                                            |
|------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Preliminary<br/>1:30 +/- 10 sec.</p>  | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>                                              | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>                                                                 | <p>Connecting moves and steps should be demonstrated throughout the program</p> | <p>Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test</p> |
| <p>Pre-Juvenile<br/>2:00 +/- 10 sec.</p> | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>                                              | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>                                                                               | <p>One step sequence fully utilizing ice surface</p>                            | <p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test</p>        |
| <p>Juvenile<br/>2:20 +/- 10 sec.</p>     | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps, including Axel, are permitted.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>                                               | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>• One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li>• <i>Only solo spin may fly</i></li> </ul> | <p>One step sequence fully utilizing ice surface</p>                            | <p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>           |
| <p>Intermediate<br/>2:40 +/- 10 sec.</p> | <p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow and double toe loop.</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One must be a flying spin (min 5 revolutions),</li> <li>• One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>                                                                                          | <p>One step sequence fully utilizing ice surface</p>                            | <p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>           |

|                                                                         |                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                |
|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Novice</p> <p>Ladies: 3:00 +/- 10 sec.<br/>Men: 3:30 +/- 10 sec.</p> | <p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>                                              | <p>Maximum of 3 spins, of a different nature:</p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>All spins may fly</li> </ul>    | <p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>                                                                                                                                                                                         | <p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p> |
| <p>Junior</p> <p>Ladies: 3:30 +/- 10 sec.<br/>Men: 4:00 +/- 10 sec.</p> | <p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>                                  | <p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>     | <p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>                                                                                                                                                                                                                       | <p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>       |
| <p>Senior</p> <p>Ladies: 4:00 +/- 10 sec.<br/>Men: 4:30 +/- 10 sec.</p> | <p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Must include at least four different double jumps, one must be a double Lutz.</li> <li>Triple jumps are not permitted</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> | <p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul> | <p>Men:<br/>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies:<br/>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p> | <p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>                                                                        |



**FREE SKATE – WELL BALANCED** (Unrestricted)

- Skaters may enter either the Test Track (Restricted) Solo Free Skate or the Well-Balanced (Unrestricted) Solo Free Skate event, but not both.
- Skaters who placed first in their solo event in the prior year Badger State Games must move up one level from the level in which they placed first. This does not apply to the senior level or to skaters who skated without a competitor (i.e. skated against the book).
- Skating at the same level in the Unrestricted Division that was skated in the Restricted Division is considered a move up.
- In this event, skaters are allowed more freedom to include higher moves than those in the Test Track (Restricted) event, but are still **required to comply with the “well balanced program” requirements** outlined in the current year Official USFS Rule Book.

| LEVEL             | REQUIREMENT                                                                                                      | PROGRAM TIME DURATION       |
|-------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------|
| No Test           | • Has not passed the USFS Pre-Preliminary Free Skate Test; ISI Free Skate test; Adult Pre-Bronze Free Skate test | 1:40 MAX                    |
| Pre-Preliminary   | • Complete USFS Pre-Preliminary Free Skate test; ISI Free Skate test 3; Adult Pre-Bronze Free Skate test         | 1:40 MAX                    |
| Preliminary       | • Complete USFS Preliminary Free Skate test; ISI Free Skate test 4, Adult Bronze Free Skate test                 | 1:30                        |
| Pre-Juvenile      | • Complete USFS Pre-Juvenile Free Skate test; ISI Free Skate test 5; Adult Silver Free Skate test                | 2:00                        |
| Juvenile/Open Juv | • Complete USFS Juvenile Free Skate test; ISI Free Skate test 6; Adult Gold Free Skate test                      | 2:20                        |
| Intermediate      | • Complete USFS Intermediate Free Skate test; ISI Free Skate test 7                                              | 2:40                        |
| Novice            | • Complete USFS Novice Free Skate test; ISI Free Skate test 8                                                    | Ladies - 3:00<br>Men - 3:30 |
| Junior            | • Complete USFS Junior Free Skate test; ISI Free Skate test 9                                                    | Ladies - 3:30<br>Men - 4:00 |
| Senior            | • Complete USFS Senior Free Skate test; ISI Free Skate test 10                                                   | Ladies - 4:00<br>Men - 4:30 |

**DANCE**

- Skaters may compete in any dance at their test level **AND/OR** one level higher. Dance music will be chosen from the standard dance selections.
- The Chief Referee and Competition Committee may elect to combine men’s and ladies’ events due to limited entries as well as youth and adult competitors. Events will be grouped by age if entries warrant.
- Number of patterns is based on test requirements.

| LEVEL       | REQUIREMENT                      | DANCE           |
|-------------|----------------------------------|-----------------|
| Preliminary | No more than 1 pre-bronze passed | Rhythm Blues    |
| Pre-Bronze  | No more than 1 bronze passed     | Swing           |
| Bronze      | No more than 1 pre-silver passed | Hickory Hoedown |
| Pre-Silver  | No more than 1 silver passed     | European Waltz  |
| Silver      | No more than 1 pre-gold passed   | Silver Tango    |
| Pre-Gold    | No more than 1 gold passed       | Blues           |
| Gold        | Not limited                      | Viennese Waltz  |

**SHOWCASE – DRAMATIC ENTERTAINMENT**

- Program should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures, and physical actions.
- Level will be determined by the highest free skate or dance test passed, as listed in the table below. Skaters may compete at the highest level they have passed or skate up to one level higher.

| <b>Event</b>                                                                | <b>Must meet requirements*</b><br>Must have passed Free Skating or Dance test (solo or partnered standard track)                   | <b>Must not have passed</b><br>Free Skate or Dance (solo or partnered) Test or higher                                    | <b>Age</b>                     | <b>Time</b> |
|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------|
| No Test<br><small>(does not qualify for National Showcase)</small>          | No Free Skate test passed                                                                                                          | Pre-Preliminary Free Skate<br>Any Free Dance                                                                             | No age restriction             | 1:30 max    |
| Pre-Preliminary<br><small>(does not qualify for National Showcase)</small>  | Pre-Preliminary Free Skate                                                                                                         | Preliminary Free Skate<br>Any Free Dance                                                                                 | No age restriction             | 1:30 max    |
| Preliminary                                                                 | Preliminary Free Skate                                                                                                             | Pre Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                     | No minimum age<br>(max age 20) | 1:40 max    |
| Pre Juvenile                                                                | Pre Juvenile Free Skate                                                                                                            | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                         | No minimum age<br>(max age 20) | 1:40 max    |
| Juvenile                                                                    | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 3 and under                    | 2:10 max    |
| Teen                                                                        | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 14-17                          | 2:10 max    |
| Intermediate                                                                | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                           | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 17 and under                   | 2:10 max    |
| Young Adult                                                                 | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 18-20                          | 2:10 max    |
| Novice                                                                      | Novice Free Skate<br>OR<br>Novice Free Dance                                                                                       | Junior Free Skate<br>OR<br>Junior Free Dance                                                                             |                                | 2:10 max    |
| Junior                                                                      | Junior Free Skate<br>OR<br>Junior Free Dance                                                                                       | Senior Free Skate<br>OR<br>Senior Free Dance                                                                             |                                | 2:40 max    |
| Senior                                                                      | Senior Free Skate<br>OR<br>Senior Free Dance                                                                                       |                                                                                                                          |                                | 2:40 max    |
| <b>Event</b>                                                                | <b>Must meet requirements*</b><br>Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | <b>Must not have passed</b><br>Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | <b>Age</b>                     | <b>Time</b> |
| Adult Pre-Bronze<br><small>(does not qualify for National Showcase)</small> | Adult Pre-Bronze Free Skate<br>OR<br>Pre-Preliminary Free Skate                                                                    | Adult Bronze Free Skate<br>Preliminary Free Skate<br>OR<br>Any Free Dance                                                | 21 and older                   | 1:40 max    |

This event is a standard U.S. Figure Skating Nonqualifying Competition



|                     |                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                             |                     |                 |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|-----------------|
| <p>Adult Bronze</p> | <p>Adult Bronze Free Skate<br/>                 Preliminary Free Skate<br/>                 Juvenile Free Dance<br/>                 OR<br/>                 Pre-Bronze Dance Test (prior to 4/30/17)</p>                                                                                                                                                                               | <p>Adult Silver Free Skate<br/>                 Pre Juvenile Free Skate<br/>                 Adult Silver Free Dance<br/>                 Intermediate Free Dance<br/>                 Preliminary Free Dance (prior to 9/2/2000)<br/>                 OR<br/>                 3rd Figure (prior to 10/1/77)</p>            | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Adult Silver</p> | <p>Adult Silver Free Skate<br/>                 Juvenile Free Skate (prior to 10/1/94)<br/>                 Pre Juvenile Free Skate<br/>                 Adult Silver Free Dance<br/>                 Intermediate Free Dance<br/>                 Preliminary Free Dance (prior to 9/2/2000)<br/>                 OR<br/>                 3<sup>rd</sup> Figure (prior to 10/1/77)</p> | <p>Adult Gold Free Skate<br/>                 Juvenile Free Skate (On/after 10/1/94)<br/>                 Adult Gold Free Dance<br/>                 Novice Free Dance<br/>                 Bronze Free Dance (prior to 9/2/2000)<br/>                 OR<br/>                 4<sup>th</sup> Figure (prior to 10/1/77)</p> | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Adult Gold</p>   | <p>Adult Gold Free Skate<br/>                 Juvenile Free Skate<br/>                 Adult Gold Free Dance<br/>                 Novice Free Dance<br/>                 OR<br/>                 3<sup>rd</sup> Figure (prior to 10/1/77)</p>                                                                                                                                           | <p>Intermediate FS (on/after 10/1/91)<br/>                 Junior Free Dance<br/>                 Silver Free Dance (Prior to 9/2/2000)<br/>                 OR<br/>                 5<sup>th</sup> Figure Test (prior to 10/1/77)</p>                                                                                      | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Masters</p>      | <p>Intermediate Free Skate<br/>                 Adult Gold Free Dance<br/>                 Junior Free Dance<br/>                 Silver Free Dance (Prior to 9/2/2000)<br/>                 3<sup>rd</sup> Figure Test (prior to 10/1/77)<br/>                 OR<br/>                 8<sup>th</sup> Figure Test (10/1/77-9/30/79)</p>                                                |                                                                                                                                                                                                                                                                                                                             | <p>21 and older</p> | <p>1:40 max</p> |

**SHOWCASE – LIGHT ENTERTAINMENT**

- Program should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures, and physical actions.
- Level will be determined by the highest free skate or dance test passed, as listed in the table below. Skaters may compete at the highest level they have passed or skate up to one level higher.

| <b>Event</b>                                                                | <b>Must meet requirements*</b><br>Must have passed Free Skating or Dance test (solo or partnered standard track)                   | <b>Must not have passed</b><br>Free Skate or Dance (solo or partnered) Test or higher                                    | <b>Age</b>                            | <b>Time</b> |
|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------|
| No Test<br><small>(does not qualify for National Showcase)</small>          | No Free Skate test passed                                                                                                          | Pre-Preliminary Free Skate<br>OR<br>Any Free Dance                                                                       | No age restriction                    | 1:30 max    |
| Pre-Preliminary<br><small>(does not qualify for National Showcase)</small>  | Pre-Preliminary Free Skate                                                                                                         | Preliminary Free Skate<br>OR<br>Any Free Dance                                                                           | No age restriction                    | 1:30 max    |
| Preliminary                                                                 | Preliminary Free Skate                                                                                                             | Pre Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                     | No minimum age<br><b>(max age 20)</b> | 1:40 max    |
| Pre Juvenile                                                                | Pre Juvenile Free Skate                                                                                                            | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                         | No minimum age<br><b>(max age 20)</b> | 1:40 max    |
| Juvenile                                                                    | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 3 and under                           | 2:10 max    |
| Teen                                                                        | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 14-17                                 | 2:10 max    |
| Intermediate                                                                | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                           | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 17 and under                          | 2:10 max    |
| Young Adult                                                                 | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 18-20                                 | 2:10 max    |
| Novice                                                                      | Novice Free Skate<br>OR<br>Novice Free Dance                                                                                       | Junior Free Skate<br>OR<br>Junior Free Dance                                                                             |                                       | 2:10 max    |
| Junior                                                                      | Junior Free Skate<br>OR<br>Junior Free Dance                                                                                       | Senior Free Skate<br>OR<br>Senior Free Dance                                                                             |                                       | 2:40 max    |
| Senior                                                                      | Senior Free Skate<br>OR<br>Senior Free Dance                                                                                       |                                                                                                                          |                                       | 2:40 max    |
| <b>Event</b>                                                                | <b>Must meet requirements*</b><br>Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | <b>Must not have passed</b><br>Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | <b>Age</b>                            | <b>Time</b> |
| Adult Pre-Bronze<br><small>(does not qualify for National Showcase)</small> | Adult Pre-Bronze Free Skate<br>OR<br>Pre-Preliminary Free Skate                                                                    | Adult Bronze Free Skate<br>Preliminary Free Skate<br>OR<br>Any Free Dance                                                | 21 and older                          | 1:40 max    |

This event is a standard U.S. Figure Skating Nonqualifying Competition



|                     |                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                          |                     |                 |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|-----------------|
| <p>Adult Bronze</p> | <p>Adult Bronze Free Skate<br/>                     Preliminary Free Skate<br/>                     Juvenile Free Dance<br/>                     OR<br/>                     Pre-Bronze Dance Test (prior to 4/30/17)</p>                                                                                                                                                                                | <p>Adult Silver Free Skate<br/>                     Pre Juvenile Free Skate<br/>                     Adult Silver Free Dance<br/>                     Intermediate Free Dance<br/>                     Preliminary Free Dance (prior to 9/2/2000)<br/>                     OR<br/>                     3rd Figure (prior to 10/1/77)</p> | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Adult Silver</p> | <p>Adult Silver Free Skate<br/>                     Juvenile Free Skate (prior to 10/1/94)<br/>                     Pre Juvenile Free Skate<br/>                     Adult Silver Free Dance<br/>                     Intermediate Free Dance<br/>                     Preliminary Free Dance (prior to 9/2/2000)<br/>                     OR<br/>                     3rd Figure (prior to 10/1/77)</p> | <p>Adult Gold Free Skate<br/>                     Juvenile Free Skate (On/after 10/1/94)<br/>                     Adult Gold Free Dance<br/>                     Novice Free Dance<br/>                     Bronze Free Dance (prior to 9/2/2000)<br/>                     OR<br/>                     4th Figure (prior to 10/1/77)</p> | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Adult Gold</p>   | <p>Adult Gold Free Skate<br/>                     Juvenile Free Skate<br/>                     Adult Gold Free Dance<br/>                     Novice Free Dance<br/>                     OR<br/>                     3rd Figure (prior to 10/1/77)</p>                                                                                                                                                   | <p>Intermediate FS (on/after 10/1/91)<br/>                     Junior Free Dance<br/>                     Silver Free Dance (Prior to 9/2/2000)<br/>                     OR<br/>                     5th Figure Test (prior to 10/1/77)</p>                                                                                              | <p>21 and older</p> | <p>1:40 max</p> |
| <p>Masters</p>      | <p>Intermediate Free Skate<br/>                     Adult Gold Free Dance<br/>                     Junior Free Dance<br/>                     Silver Free Dance (Prior to 9/2/2000)<br/>                     3rd Figure Test (prior to 10/1/77)<br/>                     OR<br/>                     8th Figure Test (10/1/77-9/30/79)</p>                                                               |                                                                                                                                                                                                                                                                                                                                          | <p>21 and older</p> | <p>1:40 max</p> |

**SPINS CHALLENGE**

- All levels will skate on ½ of the ice surface with no music.
- Spins may be skated in any order. Connecting steps are allowed, but will have no effect on your score. Spins may not be repeated. Only required elements may be used.
- Counting of revolutions will begin when skater is in a recognizable spin position.
- This event will be judged on control, speed, position, and centering of each spin.
- Minimum number of revolutions is noted in parentheses.

| Level                | Time      | Skating rules / standards                                                                                                                                                                                               |
|----------------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Beginner             | 1:30 max. | 1. Upright one-foot spin (3)<br>2. Upright two-foot spin (3)<br>3. Sit spin (3)                                                                                                                                         |
| High Beginner        | 1:30 max. | 1. Upright one-foot spin (3)<br>2. Upright two-foot spin (3)<br>3. Sit spin (3)                                                                                                                                         |
| No-Test              | 1:30 max. | 1. Upright one-foot spin (3)<br>2. Upright two-foot spin (3)<br>3. Sit spin (3)                                                                                                                                         |
| Pre – Preliminary    | 1:30 max. | 1. Upright one-foot spin (3)<br>2. Upright back scratch spin (3)<br>3. Sit spin (3)                                                                                                                                     |
| Preliminary          | 1:30 max. | 1. Forward scratch to back scratch spin (3)<br>2. Combination spin with no change of foot (4)<br>3. Sit spin (3)                                                                                                        |
| Pre – Juvenile       | 1:30 max. | 1. Camel spin (3)<br>2. Combination spin – camel to sit spin; no change of foot (6)<br>3. Forward to backward scratch spin (3 per foot)                                                                                 |
| Juvenile & Open Juv. | 1:30 max. | 1. Sit spin (4)<br>2. Combination spin – with change of foot; optional change of position (4 per foot)<br>3. Girls – layback spin (4); Boys – camel spin (4)                                                            |
| Intermediate         | 1:30 max. | 1. Flying camel spin (5)<br>2. Sit spin to backward sit spin (4 per foot)<br>3. Combination spin – change of foot & change of position (4 per foot)                                                                     |
| Novice               | 1:30 max. | 1. Choice of camel, sit or layback spin (6)<br>2. Camel spin to backward camel spin (4 per foot in position)<br>3. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)            |
| Junior               | 1:30 max. | 1. Flying sit spin or flying reverse sit spin (6)<br>2. Solo spin of choice (6) – may not fly<br>3. Combination spin – w/change of foot & utilizing all 3 positions (2 per position & 5 per foot)                       |
| Senior               | 1:30 max. | 1. Flying spin of choice (6)<br>2. Solo spin of choice (6) – may not fly<br>3. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)                                     |
| Adult Pre-Bronze     | 1:15      | 1. One-foot upright spin (3)<br>2. Two-foot upright spin (3)                                                                                                                                                            |
| Adult Bronze         | 1:15      | 1. One-foot upright spin (4)<br>2. One-foot back spin (3)<br>3. Sit spin (3)                                                                                                                                            |
| Adult Silver         | 1:30      | 1. Camel spin (3)<br>2. Layback, sideways leaning or sit spin (4)<br>3. Combination spin w/at least 1 change of position, no change of foot (3 in each position)                                                        |
| Adult Gold           | 1:30      | 1. Solo spin, no change of foot (4)<br>2. Second solo spin, different from the first; change of foot optional (4)<br>3. Combination spin with only one change of foot and at least one change of position (4 each foot) |

## **JUMPS CHALLENGE**

- Beginner through Pre-Juvenile levels will be skated on half-ice. All other levels on full ice. No music.
- Jumps must be skated exactly as stated.
- Solo jump required may not be repeated in combination.
- Skaters will be given two attempts to perform each jump, however, the 2<sup>nd</sup> attempt is optional. If the skater does attempt the jump a second time, the second attempt will be the only one judged.
- Jumps with an "\*" must be preceded with connecting steps (intermediate – senior)

| Level                | Time      | Skating rules / standards                                                                                                                               |
|----------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| Beginner             | 1:15 max. | 1. Waltz jump (from backward crossovers)<br>2. ½ flip or ½ Lutz<br>3. Single Salchow                                                                    |
| High Beginner        | 1:15 max. | 1. Waltz jump (from backward crossovers)<br>2. Single Salchow<br>3. Jump combination – waltz jump-toe loop                                              |
| No-Test              | 1:15 max. | 1. Single toe loop<br>2. Single loop<br>3. Jump combination – Any two ½ or single revolution jumps (no Axel)                                            |
| Pre – Preliminary    | 1:15 max. | 1. Single toe loop<br>2. Single flip<br>3. Jump combination - Any two ½ or single revolution jumps (no Axel)                                            |
| Preliminary          | 1:15 max. | 1. Single flip<br>2. Single Lutz<br>3. Jump combination – Any single jump + single loop (may be Axel)                                                   |
| Pre – Juvenile       | 1:15 max. | 1. Single Axel<br>2. Single or double jump<br>3. Jump combination – single/single (no Axel)                                                             |
| Juvenile & Open Juv. | 1:15 max. | 1. Single Axel<br>2. Double Salchow<br>3. Jump combination – single/single or double/single (no Axel)                                                   |
| Intermediate         | 1:30 max. | 1. Single Axel<br>2. Double loop*<br>3. Jump combination – double/single (no Axel)                                                                      |
| Novice               | 1:30 max. | 1. Double loop<br>2. Double flip*<br>3. Jump combination – double/double (may be double Axel)                                                           |
| Junior               | 1:30 max. | 1. Choice of double or triple jump<br>2. Double or triple flip*<br>3. Jump combination – double/double (may be double Axel)                             |
| Senior               | 1:30 max. | 1. Choice of double or triple jump<br>2. Double or triple Lutz*<br>3. Jump combination – double/double or triple/double (may be double Axel)            |
| Adult Pre-Bronze     | 1:00      | 1. Waltz or toe loop jump<br>2. ½ flip, ½ Lutz or ½ loop                                                                                                |
| Adult Bronze         | 1:00      | 1. Single Salchow<br>2. Single toe loop<br>3. Any single jump + single toe loop combination (No Axels allowed)                                          |
| Adult Silver         | 1:15      | 1. Single flip<br>2. Single loop<br>3. Single/single combination (Axel is permitted)                                                                    |
| Adult Gold           | 1:15      | 1. Single Axel<br>2. Single Lutz<br>3. Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow) |



## STEP SEQUENCES

- Levels are based on skater's highest Moves in the Field test passed.
- Music of skater's choice, including vocal music, not to exceed the maximum time.
- Skaters perform two different step sequences of their choice; any shape or pattern is permitted, however, skaters must make it clear when their first step sequence ends and their second begins.
- Each of the step sequences must include the required steps and/or turns listed for each level.
- Each step sequence may, and is encouraged to, include additional steps or turns.
- Each step sequence must utilize the full ice surface.
- Skaters are encouraged to focus on edge quality, clarity of turns, multi-directional and one-foot skating

| Level                | Time      | Required elements                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|----------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pre-Preliminary      | 1:00 max. | Each of the two step sequences must include: <ul style="list-style-type: none"> <li>- Forward outside 3-turn</li> <li>- Inside mohawk</li> <li>- Demonstration of forward outside &amp; forward inside edges</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Preliminary          | 1:00 max. | Each of the two step sequences must include: <ul style="list-style-type: none"> <li>- At least two consecutive forward outside power 3-turns</li> <li>- Forward inside 3-turn</li> <li>- At least one set of alternating 3-turns (outside or inside)</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Pre-Juvenile         | 1:00 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>4. Backward inside 3-turns on each foot</li> <li>5. Backward outside 3-turns on each foot</li> <li>6. At least 2 consecutive power pulls (backward or forward)</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Juvenile & Open Juv. | 1:30 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>1. Forward outside double 3 (either foot)</li> <li>2. Forward inside double 3 (either foot)</li> <li>3. At least 2 consecutive cross strokes (backward or forward)</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Intermediate         | 1:30 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>5. Choice of backward double 3</li> <li>6. At least 2 different brackets with clear entry &amp; exit edges</li> <li>7. Forward inside 1 ½ twizzle</li> <li>8. Forward outside 1 ½ twizzle</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Novice               | 2:00 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>5. At least 2 different counters with clear entry &amp; exit edges</li> <li>6. Forward outside &amp; forward inside loop (either foot)</li> <li>7. Backward outside double twizzle</li> <li>8. Backward inside double twizzle</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                          |
| Junior               | 2:00 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>5. At least 2 different rockers with clear entry &amp; exit edges</li> <li>6. At least 2 different choctaws</li> <li>7. Backward outside &amp; backward inside loop (either foot)</li> <li>8. A combination of at least 3 different turns done on one foot</li> </ol>                                                                                                                                                                                                                                                                                                                                                                             |
| Senior               | 2:00 max. | Each of the two step sequences must include: <ol style="list-style-type: none"> <li>1. At least 1 of each of the following turns: 3-turn, bracket, rocker, counter, choctaw, loop, and twizzle.</li> <li>2. A combination of at least 3 different turns, to be selected from counter, rocker, bracket, twizzle and loop, done on one foot.</li> <li>3. An upper body movement. (Any movements of the arms, head and torso that have an effect on the balance of the main body core.)</li> </ol> <p><i>Note: If necessary, skaters may combine items 1 &amp; 2. For example, performing 3 different consecutive turns on one foot may also count towards the requirement of demonstrating all seven of the listed turns/steps.</i></p> |

# TEAM EVENTS

*This event is a standard U.S. Figure Skating Nonqualifying Competition*



**SHOWCASE - DUETS**

- Two skaters only. Duets must compete at the highest test level of the two skaters.
- See “Showcase Rules” in beginning part of announcement for further details.
- No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.

| <b>Event</b>    | <b>Must meet requirements*</b><br>Must have passed Free Skating or Dance test (solo or partnered standard track)                   | <b>Must not have passed</b><br>Free Skate or Dance (solo or partnered) Test or higher                                    | <b>Age</b>                            | <b>Time</b> |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------|
| No Test         | No Free Skate test passed                                                                                                          | Pre-Preliminary Free Skate<br>Any Free Dance                                                                             | No age restriction                    | 1:30 max    |
| Pre-Preliminary | Pre-Preliminary Free Skate                                                                                                         | Preliminary Free Skate<br>Any Free Dance                                                                                 | No age restriction                    | 1:30 max    |
| Preliminary     | Preliminary Free Skate                                                                                                             | Pre Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                     | No minimum age<br><b>(max age 20)</b> | 1:40 max    |
| Pre Juvenile    | Pre Juvenile Free Skate                                                                                                            | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                         | No minimum age<br><b>(max age 20)</b> | 1:40 max    |
| Juvenile        | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 3 and under                           | 2:10 max    |
| Teen            | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                 | 14-17                                 | 2:10 max    |
| Intermediate    | Intermediate Free Skate<br>OR<br>Intermediate Free Dance                                                                           | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 17 and under                          | 2:10 max    |
| Young Adult     | Juvenile Free Skate<br>OR<br>Juvenile Free Dance                                                                                   | Novice Free Skate<br>OR<br>Novice Free Dance                                                                             | 18-20                                 | 2:10 max    |
| Novice          | Novice Free Skate<br>OR<br>Novice Free Dance                                                                                       | Junior Free Skate<br>OR<br>Junior Free Dance                                                                             |                                       | 2:10 max    |
| Junior          | Junior Free Skate<br>OR<br>Junior Free Dance                                                                                       | Senior Free Skate<br>OR<br>Senior Free Dance                                                                             |                                       | 2:40 max    |
| Senior          | Senior Free Skate<br>OR<br>Senior Free Dance                                                                                       |                                                                                                                          |                                       | 2:40 max    |
| <b>Event</b>    | <b>Must meet requirements*</b><br>Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | <b>Must not have passed</b><br>Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | <b>Age</b>                            | <b>Time</b> |

|                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                               |              |          |
|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|
| Adult Pre-Bronze | Adult Pre-Bronze Free Skate<br>OR<br>Pre-Preliminary Free Skate                                                                                                                                                                         | Adult Bronze Free Skate<br>Preliminary Free Skate<br>OR<br>Any Free Dance                                                                                                                     | 21 and older | 1:40 max |
| Adult Bronze     | Adult Bronze Free Skate<br>Preliminary Free Skate<br>Juvenile Free Dance<br>OR<br>Pre-Bronze Dance Test (prior to 4/30/17)                                                                                                              | Adult Silver Free Skate<br>Pre Juvenile Free Skate<br>Adult Silver Free Dance<br>Intermediate Free Dance<br>Preliminary Free Dance (prior to 9/2/2000)<br>OR<br>3rd Figure (prior to 10/1/77) | 21 and older | 1:40 max |
| Adult Silver     | Adult Silver Free Skate<br>Juvenile Free Skate (prior to 10/1/94)<br>Pre Juvenile Free Skate<br>Adult Silver Free Dance<br>Intermediate Free Dance<br>Preliminary Free Dance (prior to 9/2/2000)<br>OR<br>3rd Figure (prior to 10/1/77) | Adult Gold Free Skate<br>Juvenile Free Skate (On/after 10/1/94)<br>Adult Gold Free Dance<br>Novice Free Dance<br>Bronze Free Dance (prior to 9/2/2000)<br>OR<br>4th Figure (prior to 10/1/77) | 21 and older | 1:40 max |
| Adult Gold       | Adult Gold Free Skate<br>Juvenile Free Skate<br>Adult Gold Free Dance<br>Novice Free Dance<br>OR<br>3rd Figure (prior to 10/1/77)                                                                                                       | Intermediate FS (on/after 10/1/91)<br>Junior Free Dance<br>Silver Free Dance (Prior to 9/2/2000)<br>OR<br>5th Figure Test (prior to 10/1/77)                                                  | 21 and older | 1:40 max |
| Masters          | Intermediate Free Skate<br>Adult Gold Free Dance<br>Junior Free Dance<br>Silver Free Dance (Prior to 9/2/2000)<br>3rd Figure Test (prior to 10/1/77)<br>OR<br>8th Figure Test (10/1/77-9/30/79)                                         |                                                                                                                                                                                               | 21 and older | 1:40 max |

**SHOWCASE – MINI PRODUCTION ENSEMBLE**

- 3 – 7 skaters only.
- See “Showcase Rules” in beginning part of announcement for further details.
- No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.

| <b>Must meet requirements*</b><br>Must have passed Free Skating or Dance test (solo or partnered standard track) | <b>Must not have passed</b><br>Must not have passed Free Skate or Dance test (solo or partnered standard track) | <b>Age</b>         | <b>Program Duration</b> |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------|-------------------------|
| Open                                                                                                             | Open                                                                                                            | No age restriction | 3:10 max                |

**SHOWCASE – PRODUCTION ENSEMBLE**

- 8 or more skaters only.
- See “Showcase Rules” in beginning part of announcement for further details.
- No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.

| <b>Must meet requirements*</b><br>Must have passed Free Skating or Dance test (solo or partnered standard track) | <b>Must not have passed</b><br>Must not have passed Free Skate or Dance test (solo or partnered) | <b>Age</b>         | <b>Program Duration</b> |
|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------|-------------------------|
| Open                                                                                                             | Open                                                                                             | No age restriction | 6:15 max                |

**SYNCHRONIZED SKATING**

- Teams will skate to the music of their choice (vocals permitted).
- Rules for each synchronized team level as per the current year U.S. Figure Skating Rulebook including any corrections or clarifications issued by USFS up to the competition date.
  - This includes clothing rules! Clothing *will* be checked by a USFS official prior to skating.
- All ages are as of July 1 preceding the competitive season.
- No team may be comprised of more than 50% of athletes that are also on any other team.
- Skaters on beginner teams are not permitted to have passed higher than preliminary, and the majority of the team must be no-test.
- If there are not enough entries, Skills Level 2 and 3 may be combined, at the discretion of the Chief Referee
- No residue may remain on the ice after the program. Any penalty for residue left on the ice is up to the discretion of the event referee and could result in disqualification from the event.

| <b>LEVEL</b>                      | <b>REQUIREMENT</b>                                                                                                                              | <b>PROGRAM TIME</b> |
|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Skills Level 1                    | <ul style="list-style-type: none"> <li>• See info on next page</li> </ul>                                                                       | 2:10 max            |
| Skills Level 2                    | <ul style="list-style-type: none"> <li>• See info on next page</li> </ul>                                                                       | 2:10 max            |
| Skills Level 3                    | <ul style="list-style-type: none"> <li>• See info on next page</li> </ul>                                                                       | 2:40 max            |
| Preliminary                       | <ul style="list-style-type: none"> <li>• 8 – 16 skaters</li> <li>• All under age 12. Majority under age 10.</li> <li>• See Rule 7270</li> </ul> | 2:00                |
| Pre-Juvenile                      | <ul style="list-style-type: none"> <li>• 8-16 skaters</li> <li>• Majority under age 12</li> <li>• See Rule 7260</li> </ul>                      | 2:15                |
| Open Juvenile                     | <ul style="list-style-type: none"> <li>• 8-16 skaters</li> <li>• All under age 20</li> <li>• See Rule 7250</li> </ul>                           | 2:30                |
| Juvenile                          | <ul style="list-style-type: none"> <li>• 12-20 skaters</li> <li>• All under age 13</li> <li>• See Rule 7240</li> </ul>                          | 3:00                |
| Intermediate                      | <ul style="list-style-type: none"> <li>• 12-20 skaters</li> <li>• All under age 18</li> <li>• See Rule 7230</li> </ul>                          | 3:30                |
| This row intentionally left blank |                                                                                                                                                 |                     |

|                 |                                                                                                                                                                                                                                                 |      |
|-----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Novice          | <ul style="list-style-type: none"> <li>• 12-20 skaters</li> <li>• All under age 16, with the exception that up to 4 team members may be 16 or 17</li> <li>• See Rule 7220</li> </ul>                                                            | 3:30 |
| Junior          | <ul style="list-style-type: none"> <li>• 12-16 skaters</li> <li>• At least age 13 and must be under 19</li> <li>• See Rule 7210</li> </ul>                                                                                                      | 4:00 |
| Senior          | <ul style="list-style-type: none"> <li>• 16 skaters</li> <li>• All must be at least age 15</li> <li>• See Rule 7200</li> </ul>                                                                                                                  | 4:30 |
| Open Collegiate | <ul style="list-style-type: none"> <li>• 8-16 skaters</li> <li>• All must have high school diploma or equivalent and be enrolled in a college or university as a full-time student as of the entry deadline</li> <li>• See Rule 7290</li> </ul> | 3:00 |
| Open Adult      | <ul style="list-style-type: none"> <li>• 8-16 skaters</li> <li>• Majority at least 19</li> <li>• See Rule 7520</li> </ul>                                                                                                                       | 2:30 |

**\*\*NOTE TO TEAMS\*\*** Minimum moves in the field test levels are NOT being required for this competition.

Required elements – Each level has specific required elements that must be completed:

| LEVEL                                                                                                                        | CIRCLE                                                                                                                                                              | LINE                                                                                                                                                                    | BLOCK                                                                                 | WHEEL                                                                           | INTERSECTION                                                                                           |
|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| <b>SYNCHRO SKILLS 1</b><br>8-16 skaters, majority under 9 years old<br>2:10 max                                              | One circle, which must contain a two foot turn.<br>Must contain a forward inside and/or forward outside edge glide. Stroking from backward to forward is permitted. | One line, which must cover half ice to full ice and must have only forward skating.                                                                                     | One block, which must cover half ice to full ice, and must have only 1 configuration. | One wheel, choice of 4-spoke or 3 spoke with backward pumps.                    | One intersection: Two lines facing each other, 2-foot glide at point of intersection.                  |
| <b>SYNCHRO SKILLS 2</b><br>8-16 skaters , majority under 12 years old<br>2:10 max                                            | One circle, which must contain a forward 3-turn and must contain a backward inside and/or backward outside edge glide.                                              | One line, which must cover full ice and may include forward and backward skating.                                                                                       | One block, which must cover the ice and must have 1 or 2 configurations.              | One wheel of the team’s choice with backward pumps and chasses.                 | One intersection: Two lines facing each other, 2-foot or 1-foot glide at point of intersection.        |
| <b>SYNCHRO SKILLS 3</b><br>8-16 skaters, majority at least 12 years old<br>2:40 max<br><br>Minimum of 2 different Hand holds | One circle, which must contain a mohawk and must contain a backward inside and/or backward outside edge glide.                                                      | Line element, which includes a change of configuration (1 line to 2 lines or 2 lines to 1 line), and must cover full ice and must include forward and backward skating. | One block, which must cover the ice and must have 2 different configurations.         | Wheel element of the team’s choice with backward pumps, chasses, or crossovers. | One intersection: Two lines facing each other, 1-foot glide or forward lunge at point of intersection. |

**Restrictions in Synchro Skills 1 & 2:**

- Additional elements are not allowed (the team must do only their required elements).
- Teams may only use hand-to-hand, shoulder-to-shoulder and choo-choo holds.
- Wheels and circles may not travel, change rotational direction or change configuration.
- Lines may not pivot.
- Synchro Skills 1 teams may not do steps higher than Basic 5, with the exception of forward chasses.
- Synchro Skills 2 teams may not do steps higher than Free Skate 1, with the exception of forward chasses.

**Restrictions in Synchro Skills 3:**

- No traveling within elements (change of configuration and rotational direction are allowed).

**Restrictions in all levels:** All of the synchronized skating “illegal elements” found in Rule #7160 of the U.S. Figure Skating Rulebook.

Please reference <http://usfsa.org/programs?id=84096&menu=synchronized> for most up-to-date Learn to Skate USA Synchronized Skating rules